

WOMEN'S CHALLENGE EXPEDITION

Join a team of 10 women on an adventure to Malawi - and use your skills to contribute to sustainable development . . .

4-11 MAY 2019

info@orbis-expeditions.com



Testimonials from 2018's Women's Challenge Expedition:

"Thank you for providing the most meaningful trip I've ever done - and I've done a lot of travelling so that says it all!

It was everything I dreamt it would be and more."

- Jane

"It was the adventure of my life.

I loved the lake, Mumbo Island, kayaking at sundown... meeting these inspirational businesswomen and being able to work with them."

- Annie

MORE AT:

orbis-expeditions.com/testimonials/

YOUR CHALLENGES

This Expedition has 3 main challenges: skill sharing, mountain hike, and school workshops.

Along with your teammates - with whom you will very quickly form strong bonds - you will push yourself mentally, physically, and socially.

Interspersed between the challenges are excursions (such as a riverboat safari), planned-in downtime, and some of Malawi's most luxurious accommodation - all of which is arranged and included.

Orbis Expeditions appreciates that everyone has different strengths, so the challenges are flexible, even on the day itself.



ITINERARY

Day 1 - arrive in Blantyre, transfer to Majete WR, evening safari, Thawale Lodge

Day 2 - river boat safari and lunch at Majete WR, transfer to Tea Estates, Huntingdon House

Day 3 - skill sharing workshops with local female entrepreneurs, Huntingdon House

Day 4 - hike Mulanje Mountain, stay on the mountain in Chambe Hut

Day 5 - transfer Lake Malawi, prepare school workshops, Makokola Retreat

Day 6 - deliver workshops at Rainbow Hope Secondary School, Makokola Retreat

Day 7 - enjoy rustic luxury at an eco-lodge on off-grid, tropical Mumbo Island

optional: stay 2 extra nights on Mumbo Island



CHALLENGE 1: SKILL SHARING

You will work with your team to share skills with Malawian businesswomen at our headquarters in Blantyre.

Once the Expedition team is finalised, Orbis Expeditions will match your experiences and passions with relevant women and organisations in Malawi.

Planning for your skill sharing challenge begins at least 6 weeks before departure, via group video calls facilitated by Orbis Expeditions founder Kate. This is a great way to get to know your team before you meet them!

Examples from 2018's team include the lawyers from the team visiting a Women's Rights Charity to discuss possible solutions to ongoing challenges, and marketing business owners running an audience analysis and social media workshop. Past topics have spanned finance, education, healthcare, and business growth.

Lunch at a nearby restaurant is a chance to get to know these women on a more personal level; to discuss the day-to-day life of a female entrepreneur in one of the poorest countries in the world.

CHALLENGE 2: MOUNTAIN HIKE

Ascending 1000 metres over steep, uneven terrain, the Mulanje Mountain Hike is a true test of physical determination and teamwork.

Expect breathtakingly beautiful scenery during a hike of between 4 and 7 hours, depending on the pace and weather conditions. You won't only have your teammates to help - an experienced local guide will be leading the way, and porters will assist with equipment and bags.

Mountain hut accommodation is very much 'back to basics' - though swapping stories by the fire, underneath the most stunning sky of stars, more than makes up for the lack of home comforts!

Reaching Mulanje's plateau doesn't require rock climbing or rope work. However, a good level of fitness is required.

If you feel out of sorts or have an injury, there is the alternate option to complete a day hike, and stay at base camp to meet the plateau team following their descent.

Orbis Expeditions are happy to put you in touch with previous Challengers who have completed the hikes!

CHALLENGE 3: SCHOOL WORKSHOPS

Joining a community initiative on the shores of Lake Malawi, your Expedition team will support the work being done to support students in a village secondary school.

As with the Skill Sharing Challenge, planning for the School Workshops will begin prior to Expedition departure via group video call.

2018's teams led a variety of activities. These ranged from a CV workshop to mural painting, HIV education and developing confidence. Previous examples have included team building, STEM-style workshops, and mentoring.

Though Malawi's education system is mostly taught in English, you will have to speak clearly and respect the diversity of religions and cultures represented at the school.

Though many of the students come from very underprivileged backgrounds, they are incredibly bright. Energetic, interactive tasks work best!

TIME FOR YOU

Orbis Expeditions recognises that you're giving up precious holiday time to travel to Malawi.

We won't tell you every little detail (we don't want to take away the 'wow' factor of the treats we have lined up!) - but rest assured that some of your most special moments on this Expedition will be during the downtime between Challenges, bonding with your teammates, discussing the day's revelations - often over a G&T!

To allow maximum chilling out before traveling home, Orbis Expeditions highly recommend adding on 2 x extra nights on the luxurious Mumbo Island.



LOGISTICS

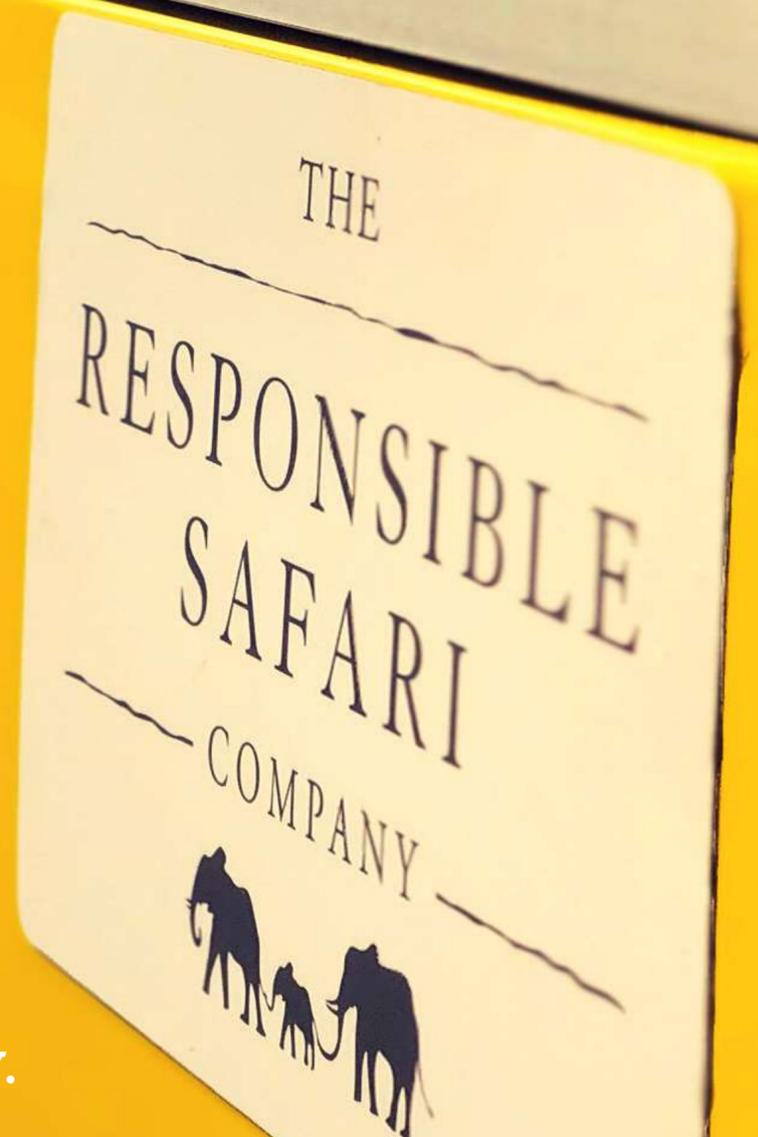
Kate and Dom Webb, who founded Orbis Expeditions, have a long history of running sustainable travel experiences throughout Africa.

In 2008 they set up The Responsible Safari Company (RSC). RSC essentially acts as Orbis Expeditions' Malawian branch, handling all in-country logistics (for example, your local guide).

Orbis Expeditions team are in constant contact with our RSC colleagues - whom you will meet once you arrive in Malawi, including your own private Malawian guide.

MORE AT:

www.responsiblesafaricompany.com/about/



PACKAGE

The total cost of the May 2019 Women's Challenge Expedition is £2,600.

This cost is inclusive of all transfers, accommodation, excursions, food, and filtered/bottled water.

Additional costs: Flights (£600-£1,000), can be sourced through Orbis for a booking fee of £25. Visa upon entry (\$75). £10-£20 per day spending money for tips, souvenirs, and soft and alcoholic drinks.

*2 x night add-on Mumbo Island: £515 (full board)

Further questions? Drop us an email and we can set up a call!

Contact:
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